

**EQUINE MENTORSHIP** 

**AWARENESS & PREVENTIVE EDUCATION** 

**CLINICAL COUNSELING** 

# Who Does this Serve?

Our programs are designed to provide safety, healing, and advocacy for those impacted or potentially impacted by sex trafficking.

Programs are available to individuals ages 12 and up who are vulnerable to trafficking and those experiencing difficult situations or dealing with trauma.

# **PROGRAM FEES**

No income limitations are in place for program participation.

Equine mentorship - \$50/session. Scholarships are available for qualified individuals.

Awareness presentations & preventive education fees vary.

Some insurances are accepted for clinical counseling.

### PROGRAM PRINCIPLES

As a faith-based organization, we offer the incorporation of scripture and discussion including Jesus Christ. We will respect where individuals are in their faith and never pressure them to conform to our beliefs.

### **EQUINE MENTORSHIP**

Sharon Stevens



SStevens@Zoe-Delaware.org

Our program is designed for individuals, age 12 through adults, in need of support, space, and safety. During 12 weekly sessions, leaders will focus on building trusting relationships with participants.

Each 90-minute session will incorporate barn chores and various activities designed to facilitate conversations and a growing relationship. As part of our preventive education efforts, a different trafficking aspect will be discussed weekly.

### AWARENESS & PREVENTIVE EDUCATION

#### **Sharon Stevens**



SStevens@Zoe-Delaware.org

Our curriculum, Power Over Predators, was designed for 6th - 12th grade students. Students will be given the tools to recognize predators and trafficking attempts, and understand the dangers of cyberbullying, internet pornography, and sexting. The engaging curriculum also encourages healthy relationships and personal boundaries. This curriculum satisfies the Child Internet Protection Act (CIPA) and Erin's Law education requirements.

Churches, community organizations and professional entities are encouraged to schedule an awareness presentation regarding red flags and indicators, informed responses to trafficking and best practices to protect our communities.

## **CLINICAL COUNSELING**

#### Tammy Holland

#### THolland@70e-Delaware or

Our clinical counseling program focuses on assisting clients in learning new and healthy coping skills, reducing anxiety and depression, increasing self-esteem, learning about healthy relationships, and addressing trauma.







